

NCRIS & BD-MED Virtual Seminar Series

The Importance of Nutrition in Cancer Care!

Abstract:

In this seminar we will address the importance of nutrition in cancer care. Specifically, we will review validated malnutrition screening tools and the nutrition assessment process. Additionally, we will discuss in detail the importance of the nutrition-focused physical exam and how that it is reflected in the criteria of diagnosing malnutrition in a chronic disease state. The seminar will briefly explain the altered metabolism in the cancer patient and how that is reflected in their energy and nutrient needs. We will explore common nutrition-impact symptoms and nutrition interventions to manage them, and the importance of collaborating on a multidisciplinary team to provide optimal care for the patient. Lastly, we will consider the timing of monitoring and following our patients during their cancer treatment process.



Speaker:

Dr. Renee E. Stubbins

Assistant Clinical Member, Research Institute

Assistant Professor of Nutritional Sciences in Oncology,
Academic Institute
Houston Methodist

Dr. Renee E. Stubbins grew up in Houston, Texas and received her bachelor's in science and her doctorate in Nutrition Biochemistry and Cancer Metabolism from the University of Texas at Austin. Renee is an oncology dietitian interested in medical nutrition therapy and safe alternative interventions to improve outcomes for cancer patients/survivors. Renee has a strong passion for nutrition research and increasing our knowledge of how nutrition can be applied medicinally to improve clinical outcomes in various disease states. She is an advocate for adequate nutrition access to all patients and volunteers with the Academy of Nutrition and Dietetics to promote the growing role of the registered dietitian nutritionist (RDN).

Date:

**14 February 2022
(Monday)**

Time:

12:00 pm – 1:00 pm

Venue:

via Zoom

Zoom Link: <https://nus-sg.zoom.us/j/83768787134?pwd=S0hoRm9lbnhJS25yR0pWTXFRdjJMz09>

Meeting ID: 837 6878 7134

Passcode: 015501

Host:

Prof Teh Bin Tean

Director

Institute of Biodiversity
Medicine

For Zoom details or any enquiries, please contact:
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