

Philanthropy in Focus

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Greetings from ACP Chair



A/Prof Ruban Poopalalingam
ANAES ACP Academic Chair

Dear all,

The recent ACP retreat in September provided a conducive platform for us to have a fruitful discussion, receive feedback and suggestions on the best way we can move forward together as an ACP. Special thanks to Eileen for organizing and Dennis for facilitating an engaging retreat. The ACP council has identified 2 initial initiatives post retreat to be worked upon over the next few months. The first will be to embark on a mentorship scheme at the ACP level, building upon initiatives done at KKH and SGH. The Clinical pillar kindly volunteered to take the lead for this. Special thanks to Eileen who has volunteered to front this. We will also be providing more opportunities to the younger generations to lead some of the ACP initiatives and academic efforts as part of our direction to improve engagement of junior members of our ACP.

This year has been a busy year for the philanthropy group. We had a successful Paradigm Shifts in Healthcare Seminar with Messe-Dusseldorf Asia. As part of its corporate social responsibilities programme, Messe - Dusseldorf Asia has pledged a donation of \$15,000 to our ACP in support of academic endeavors in the aged and frail. With pain as a focus for philanthropic efforts this year, we will be launching an awareness and philanthropy campaign for pain medicine at the SGH 10th Pain Public Forum on 27th October.

Thank you.

Words from Director (Special Projects & Innovation)

Dear colleagues,

Let me share two quotes that will motivate us to do something outside our comfort zone in the area of special projects and innovation within our ACP. In doing so, we will learn to dream big and achieve more, adding colours to our professional lives.

“Innovation is anything, but business as usual” (Anonymous)

“You cannot discover new oceans unless you have the courage to lose sight of the shore” (Anonymous)

Try to move into any area that is fun and meaningful, and also raise the profile of our profession. It may be a philanthropic event (dinner, sport, fashion, musical); an education project (workshop, simulation, public forum, education app, book publication) or device innovation with collaboration with other disciplines and industry partners to name a few.

I welcome all members of our ACP (senior and junior) to think outside of the box and be involved. Feel free to speak to me (any crazy ideas), Dr June Goh (philanthropy), Dr Hee Hwan Ing (devices) or Dr Avinash Gobindram (workshops).

Happy dreaming,
Chan YW



A/Prof Chan Yew Weng

ANAES ACP
PILOT
RESEARCH
GRANT 2019

GRANT CALL 1-31 JAN 2019

Email: anaes_acp@singhealth.com.sg

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Anaes ACP Senior Resident Talent Development Award

- To be awarded to the best senior resident of the SingHealth Anaesthesiology Residency Program (SHARP)
- Sponsorship to a leadership course and a short observership to an Academic Centre overseas
- Selection of the awardee will be done by the SHARP leadership and ACP Council

Interview with A/Prof Lim Boon Leng, Advisor (SPRINT)



The Anaes ACP Senior Resident Talent Development Award was initiated by A/Prof Lim Boon Leng to provide young anaesthetists an opportunity for a short observership at an Academic Medical Centre overseas to learn best practices from different healthcare system. A/Prof Lim shares with us his motivation to start this award and his experience in philanthropy.

What motivates you to be involved in philanthropy/fund raising?

When I visited USA some years back, I noticed that the established AMCs there have many academic medical programmes with their Chairs being funded through philanthropy funds. This has helped the institution boost their academic mission as they can attract the best people to work for them.

Relying on government funding is not sustainable as they are meant to fund mainly clinical services. To achieve our academic mission and to be one of the top AMCs we need to look towards having additional funds through philanthropy for our education and research initiatives. Locally we still have a long way to go to achieve the US model but this was how I got motivated to start looking into philanthropy in the ACP. I feel that we should look after our own talent development programme hence the idea of starting the senior resident talent development award.

How would you describe your experience; from starting this award and eventually garnered enough support?

The whole experience was quite good. It felt like an impossible task as we have very limited contact with patients due to the nature of our practice. However, I soon realized the alumni group could be our potential donors as many of them still maintain strong linkage to their parent institutions. Most of them are doing very well in private practice and they may have spare capacity to give back to the departments. I began to engage some of them through the SingHealth Duke-NUS Gala Dinner and subsequently with a reunion dinner during the Chinese New Year period. It was during the reunion dinner that I started to mention about the possibility of starting the anaesthesiology talent development fund. We received some donations after the dinner, close to \$100,000 and we were really fortunate to have one of them giving close to \$400,000, to make up the shortfall. I certainly did not expect that we can manage to reach our target within such a short time. I hope this success story will encourage and motivate the other departments within the ACP to start something on their own.

Would you have given up if we did not manage to garner the support for this award? Was there a Plan B?

I have no intention to give up and will keep trying if the first few attempts failed. But I do have Plan B in mind. I was planning to engage our own staff in the department. There are about 200 of us in the different institutions – we can definitely reach our target if all of us chip in. Having said that, we should also encourage colleagues who have spare capacity (children are all grown up, lesser financial burden) to give back to departments/fraternity.

What do you hope to see from the recipients of this award?

We are unable to send everyone that we have trained to the top Academic Medical Centre but I hope that we can send one or two per cohort. When they come back, hopefully they have a broader view and vision to help us to drive our academic medicine mission in the future. They should not just limit themselves to clinical practice but also to explore other areas such as education, research, quality improvement, ethics and professionalism, global health and informatics. Hopefully they can leverage on their area of interest and help us to achieve higher standards in academic medicine.

What advice would you give to someone who is thinking to contribute in the ACP's philanthropic journey?

No amount or effort is too small. We should all chip and pay it forward. Hopefully one day we can have the very first professorship* in Anaesthesiology. It may take us 10 to 20 years to achieve this but this should be our vision. I hope we will be able to reach there one day.

* Professorships recognize both exceptional achievement and the potential for future achievement. They are awarded to most distinguished clinicians who have demonstrated extraordinary scholarship in advancing medical science and patient care. Endowed Professorship at SingHealth Duke-NUS requires a \$2.5 million contribution.

ACP	Professorship
Academic Medicine	<ul style="list-style-type: none"> Balachandran-Kajima Professorship in Academic Medicine
Oncology	<ul style="list-style-type: none"> Benjamin Sheares Professorship in Academic Medicine Tanoto Foundation Professorship in Medical Oncology
Ophthalmology	<ul style="list-style-type: none"> Arthur Lim Professorship in Ophthalmology Kwan Im Thong Hood Cho Temple Professorship in Eye
Cardiovascular Sciences	<ul style="list-style-type: none"> Tanoto Foundation Professorship in Cardiovascular Medicine
Musculoskeletal Sciences	<ul style="list-style-type: none"> Lee Seng Teik & Lee Hoo Leng Professorship in Plastic Surgery & Regenerative Medicine
Paediatrics Medicine	<ul style="list-style-type: none"> Tan Cheng Lim- Children's Cancer Foundation Professorship in Paediatric Oncology
Obstetrics & Gynaecology	<ul style="list-style-type: none"> Benjamin Henry Sheares Professorship in Obstetrics & Gynaecology
Medicine	<ul style="list-style-type: none"> Seah Cheng Siang Professorship in Medicine

Paradigm Shifts in Healthcare Seminar

The inaugural Paradigm Shifts in Healthcare Seminar was held on 30-31 August this year, in conjunction with the largest edition of Medical Fair Asia, featuring more than 1000 exhibitors from 24 countries. Our faculty (A/Prof Chan Yew Weng, Dr Tan Kian Hian, Dr Chong Shin Yuet, Dr Wong Loong Tat, Dr Hairil Rizal Abdullah, Dr Hee Hwan Ing and A/Prof Ong Biau Chi) were privileged to be invited by the organizer, Messe-Dusseldorf Asia to speak at the seminar. It was a good opportunity for us to showcase some of our work and to share our views and challenges with the trade exhibitors and industry partners. The topics presented during the seminar include digitalization in paediatric perioperative medicines, improving surgical outcomes among the elderly, and challenges and opportunities of providing aged care and community healthcare in local housing estates.

As part of its corporate social responsibilities programme, Messe-Dusseldorf Asia has pledged a donation of \$15,000 to our ACP in support of our research, education and quality improvement initiatives relating to the aged and frail.



Ways to Show Your Support:

1. Tag Us
#freedomfrompain

2. Visit Our Page:



3. Watch our Video



4. Spread the Word

Help Us Conquer Chronic Pain

WHO estimates about 22% worldwide are affected by chronic pain. But the impact of chronic pain on the individual goes beyond the numbers. In many cultures, expressions of pain may be perceived as form of weakness; that the individual is not strong enough to overcome or cope with the pain. This often leads to low self-esteem and self-worth. What often compounds the problem is that the pain that is experienced by the patients is often invisible. The severe back pain that a patient has from degeneration of the spine or compression fractures may not be visible externally. The severe sharp shooting nerve pain that strikes on the face unpredictably in trigeminal neuralgia leaves no marks on the skin. The constant and unrelenting pin poking or burning pain due to diabetes is not visible. How do people empathize when they cannot see the pain externally? "I am in pain" should not be a stigma and define who we are.

We are initiating an awareness and fundraising campaign for Pain Medicine-related education and research initiatives. The campaign will be launched during the 10th Pain Management Public Forum organized by SGH Department of Pain Medicine on 27 October 2018. We would be most grateful if you could support our campaign #freedomfrompain.



CONGRATULATIONS!

Our heartiest congratulations to the following doctors on their achievements!

Best Oral Paper Presentation, Education Research Category
(SingHealth Duke-NUS Scientific Congress 2018)



Dr Leonard Loh

Project title: “ Stressors encountered during overnight duties by Anaesthesiology Senior Residents impedes their role as teachers & learners”

1st Place Oral Presentation, Free Papers –Original Research Oral Presentation Category
(Association of Anaesthetists of Great Britain & Ireland Annual Congress 2018)

A/Prof Sng Ban Leong

Project title: “Low-dose S+ katemine in target-controlled intravenous anaesthesia with remifentanil and propofol for open gynaecological surgery, a randomized controlled trial”

KKH Health Fund Research Grant July 2018

Dr Eileen Lew

Project title: “Use of Pre-Anaesthesia Computerized Assessment to Improve Perioperative Outcomes (PATCH-Pre-Anaesthesia Computerized Health assessment)”

ACP Program
Funding FY18 Cycle 2 (Education)

Dr Patrick Wong

Project title: “Front of Neck Access (FONA) training for anaesthesiologists”

FY2018 AM-Ethos
Duke-NUS Medical Student Fellowship

**Prof Alex Sia
(Student:
Goh Zhaohan)**

Project title: “Effect of variable-frequency automated mandatory bolus versus continuous infusion on motor blockade and instrumental delivery during the maintenance of labour epidural analgesia”

FY2018 AM-Ethos
Duke-NUS Medical Student Fellowship

**A/Prof Sng Ban Leong
(Student: Chia Xintian)**

Project title: “Association between pain and psychological vulnerability in women undergoing labour”

SingHealth Medical Student Talent Development Award FY18 Cycle 2

**Adj Asst Prof Sophia Chew
(Student: Vikaesh Moorthy)**

Project title: “ Inter-ethnic Variation In Cephalometric Ideals In A Local Southeast Asian Population”