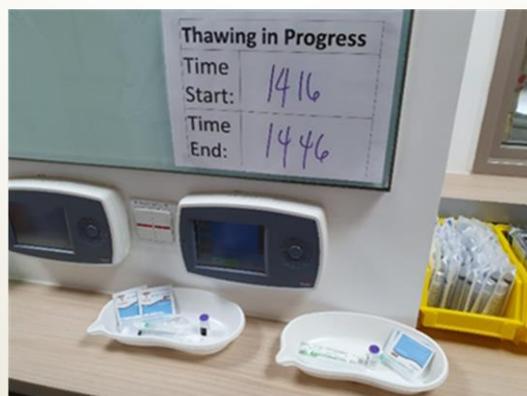




January - March 2021

What are in this issue

<i>Our Achievements</i>	<i>pg. 2</i>	<i>FM ACP Career Opportunities Roadshow</i>	<i>pg. 10</i>
<i>FM ACP Quality Improvement Committee</i>	<i>pg. 6</i>	<i>FM ACP Virtual Lo Hei</i>	<i>pg 11</i>
<i>R1 Family Medicine Residents Intake</i>	<i>pg. 7</i>	<i>Duke-NUS Family Medicine Preceptor Virtual Engagement</i>	<i>pg. 11</i>
<i>Passion in Family Medicine Research</i>	<i>pg. 7</i>	<i>Preparing Family Medicine Residents for the MMed (FM) exams – Practice of Mock Consults</i>	<i>pg. 12</i>
<i>FM ACP Research Grand Round</i>	<i>pg. 8</i>	<i>FM ACP e-Library</i>	<i>pg. 13</i>
<i>19th Pedagogy Workshop</i>	<i>pg. 9</i>	<i>Happenings (April – June 2021)</i>	<i>pg. 13</i>



ROLL UP YOUR SLEEVES!

pg. 5

Distinguished Senior Clinician Award 2020

Congratulations to **Assoc Prof Lee Kheng Hock** (Deputy Chair, FM ACP; Vice Chair, Faculty Affairs and Development, FM ACP) for being awarded the **Distinguished Senior Clinician Award (DSCA) 2020!**



The nationally recognised DSCA is initiated by the Ministry of Health. It recognises role models among specialists in the public sector who have made exemplary contributions in clinical practice, education and research

CGH Best Educator Award's Dream Team

CGH Care and Health Integration Team was recognised for their contributions to SingHealth external operations for COVID-19 2020 in a special mention for CGH Best Educator Award's Dream Team.



The team had played a key role in training staff to obtain Covid-19 swab samples and infection control measures. Every member of the department was given the Hero Award for their time and contributions.

Academic Promotion & Appointment

CONGRATULATIONS!!

Promotion to Clinical Associate Professor with Duke-NUS Medical School



Clinical Associate Professor How is a Senior Consultant and the Clinical Head of Family Physicians from Care and Health Integration, Multiphasic Health Screening and Designated Medical Examiners in CGH.

He is a recognized leader in Family Medicine (FM). He holds several important positions in MOH and Ministry of Defence, and has coordinated the primary care networks' preparedness for COVID-19.

Clinical Associate Professor How has been the FM Specialty Editor at Singapore Medical Journal since 2012. With more than 80 peer-reviewed publications and 550 citations, he is a sought-after mentor to both FPs and specialists in training for conduct of research and manuscript writing.

He is also passionate in teaching. Besides actively teaching medical undergraduates, he holds educational leadership appointments in the Singapore University of Technology and Design and NUS, and teaches for the SAF.

New academic appointment as Clinical Instructor with Duke-NUS Medical School

Brindha Balakrishnan	Moosa Aminath Shiwaza
Chang Zi Ying	Poon Zhimin
Lee Wan Sian	Yuen Sok Wei Julia
Ng Liling	Zheng Lifeng
Meykkumar S/O Meyappan	

GDFM Graduands 2020

CONGRATULATIONS!!

Chai Hui Min	Leong Wai Siang	Melissa Michael Soh
Chan Huai Xing	Liew Siew Lee	Nadhirah Binte Alwi
Adrian Chua Leong Aik	Lim Shi Wei	Png Ziyun Owen
H. A. Anuruddha Fernando	Janis Lioh Kee Ying	Stella Poh Xiao Jun
Jung Se Ji	Josephine Lo E-Lan	Yong Jie Wei Adriel
Lee Kin Chern	Loh Zhang Wei Max	

Singapore Chief Residency Programme

Dr Natalie Ong was selected to participate in the 7th Singapore Chief Residency Programme (SCRP) that began in September 2019, bringing 30 Chief Residents from different specialties across the three healthcare clusters. Below is her reflection of the year-long journey.



Dr Ong is currently a Family Physician in SHP

“Being part of SCRCP has truly been a privilege. From the first seminar during which we bonded over games and good food, little did we know that a virus would disrupt our lives in so many ways just a few months later.

The most memorable parts for me were the conversations we had with top healthcare leaders in Singapore amidst the ongoing COVID-19 pandemic, to understand the issues from their perspective, and to see strong leadership in action as history was being made.

*Over the course of the programme, we also worked on an improvement project in teams that comprised Chief Residents from each of the three clusters. This was undoubtedly challenging given COVID-19 restrictions, however it has taught me to be **adaptable, resilient and to work as a team** to achieve our dreams.*

Our final SCRCP event was the graduation ceremony which was held over Zoom and attended by the Director of Medical Services, MOH, on 6 January 2021. It was a bittersweet moment as though we could not meet in person to celebrate this occasion, I am still thankful for the friendships that were forged through this experience.”

The SCRCP is organized by the Healthcare Leadership College at MOHH. The year-long programme brings together Chief Residents from different specialties across the three healthcare clusters, to develop skills as leaders and educators and to gain a deeper understanding of the healthcare policy and systems.

ROLL UP YOUR SLEEVES!

SingHealth Community Hospitals (SCH) kicked off its COVID-19 vaccination exercise for staff on 8 January 2021 at Outram Community Hospital and Sengkang Community Hospital.



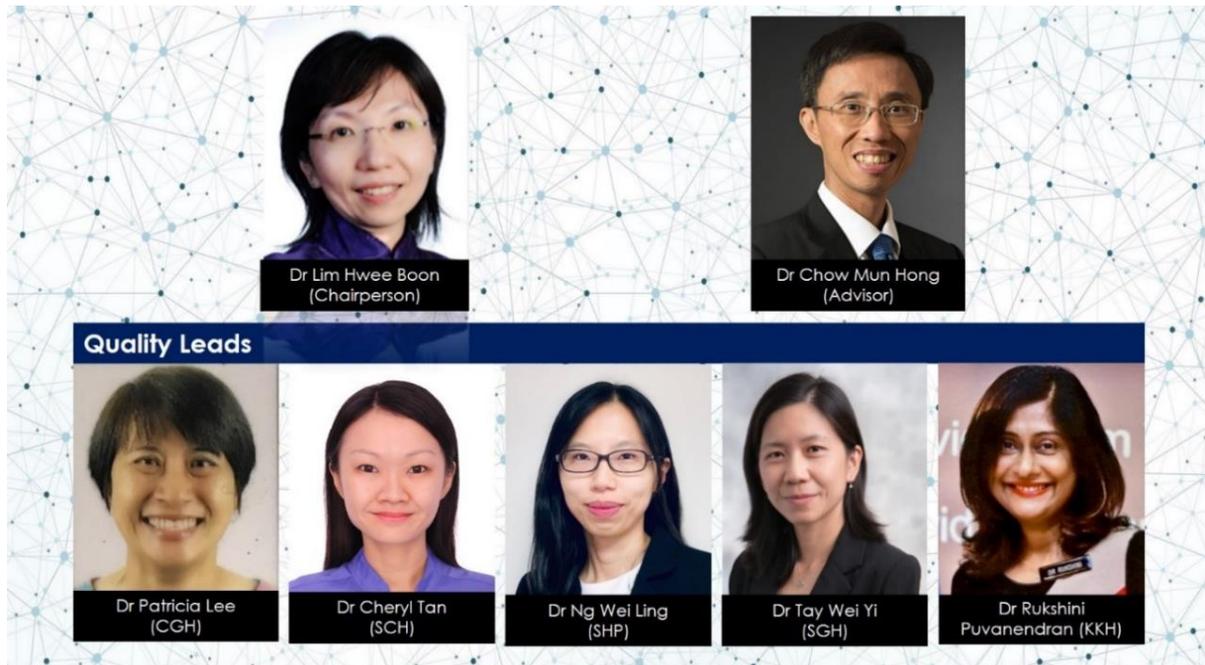
The nurses of the Infection Prevention and Control (IPC) team were onsite bright and early preparing the vaccination rooms and vaccine doses for our inaugural 'guests'.



This mammoth task was painstakingly planned by the SCH IPC team, from coordinating the vaccination schedule for staff, to ordering and preparing the vaccine doses to ensure not a single dose went to waste.

FM ACP Quality Improvement Committee (QIC)

Together, in the journey to build Quality & Safety across FM ACP institutions



What the QIC hopes to achieve collectively :

- Quality improvement at each institution and with collaborations across sites
- Building capacity within the team in Quality & Safety
- Building a culture of Quality & Safety

What does the QIC do ?

- Share improvement efforts at each institution
- Discuss project methodology, use of data and exploration of potential collaborations to improve care delivery & patient safety
- Enhance capacity of members and each in turn, will build the culture within their institutions

R1 Family Medicine Residents Intake

SingHealth Residency conducted an intensive admission exercise over several dates in November 2020 and the Program Selection Committee members comprehensively reviewed the potential candidates for Family Medicine AY21 resident intake. Subsequently, MOHH matched 32 residents to the SingHealth Family Medicine Residency Program for the upcoming academic year. The Program is now looking forward to welcome the **27 incoming FM residents** in July 2021.

These incoming residents have been invited to join the SingHealth Onboarding Orientation and Team Bonding Games virtually on 23 April 2021.

Passion in Family Medicine Research (21 January 2021)

An initiative to engage local medical students on available research opportunities in FM ACP institutions and departments



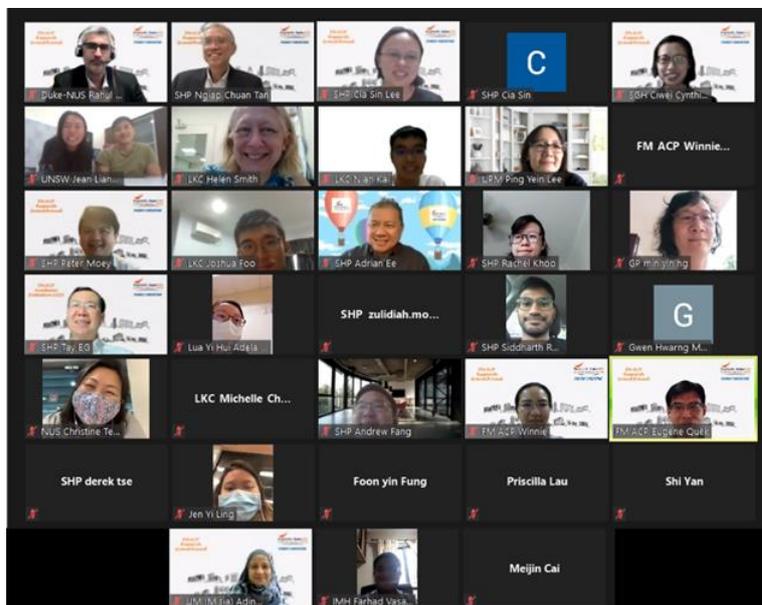
12 medical students attended the session on 21 January

“The sharings about the research projects that are currently taking place allows us to get an idea of what FM research involves”

Feedback from the medical students.....

“Short and sweet sharings by researchers. Good overview of MURI and research in SHP by Prof Tan”

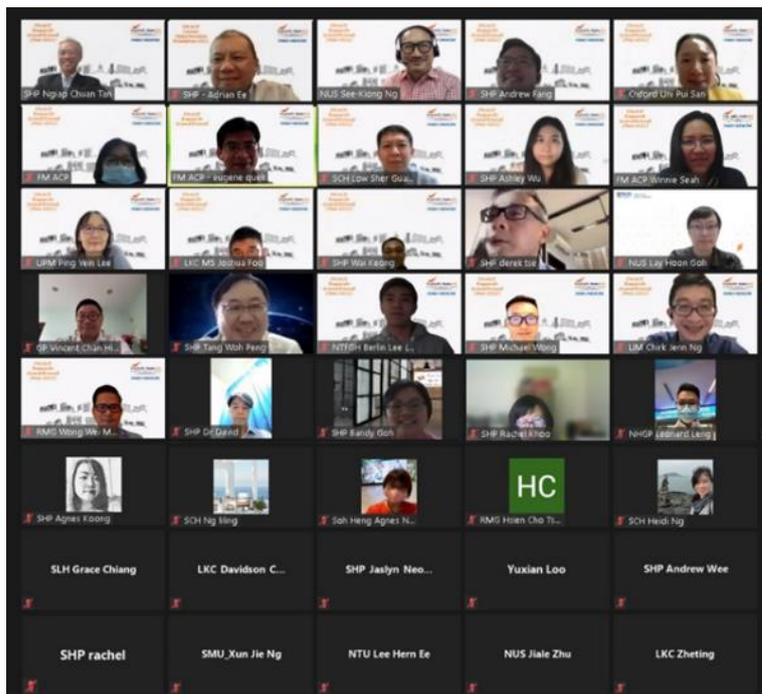
FM ACP Research Grand Round (21 January and 18 March 2021)



A platform to showcase research collaborations and projects in FM ACP and with other stakeholders.

About 40 participants attended the first two virtual sessions on **Prescription Safety** on 21 Jan 2021 (top) and **Artificial Intelligence** on 18 Mar 2021 (bottom)

Stay tuned for subsequent sessions in 2021!



“If we could get an audio recording after the lecture. Some parts are technical and could be helpful to listen again to the lecture.”

What the participants said...

“Opportunity for highlighting and discussing evidence”

“More relevant high impact topics in family medicine e.g Resp, cardiac, renal, etc. conditions.”

19th PRIME Pedagogy Workshop (1 & 2 February 2021)

To be effective trainers, healthcare educators need to be familiar with concepts of learning, and the various methods of teaching.

The 19th Pedagogy Workshop, organized by Education Department, SingHealth Polyclinics, aimed to equip new trainers with the necessary skills to conduct teaching in primary healthcare settings.



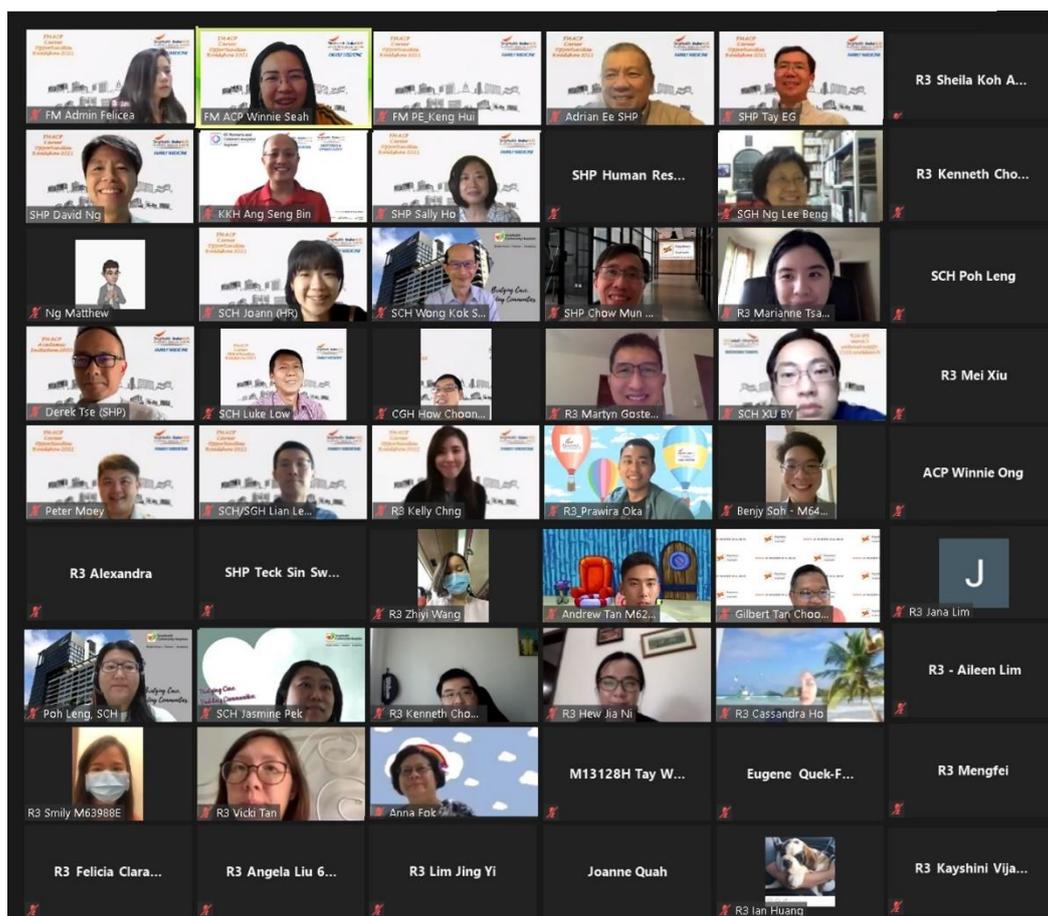
The Workshop included contents like theories of learning and teaching, planning a curriculum, structuring a lesson plan and practical tips on how to conduct teaching in various scenarios.



Participants had hands-on training where each prepared a lecture presentation and the trainers shared their comments on how to improve on them.

FM ACP Career Opportunities Roadshow (5 February)

Organised by the various institutional Human Resource Departments and FM ACP, the objective of this event was to share with the R3 Family Medicine residents on the career opportunities and job scope in the FM ACP member institutions in SingHealth.



Group photo of the more than 50 attendees at the Roadshow

“Institutions should share more about what they do (not just at the organisational level, but at the ground level for prospective employees), and what opportunities exist for prospective employees to embark on some of those projects.”

“Having overview all different career opportunities”

“Comprehensive”
“Well-organised”
“Good mix of presenters”

What the R3 residents felt about the event...

“Less presentation slides. More q&a”

“Share stories”

FM ACP Virtual Lo Hei (19 February)

FM ACP faculty gathered together virtually for the annual *lo hei* due to COVID-19 restriction, bonding over a quiz on academic Family Medicine, COVID-19 and festive traditions.



Looking forward to a bull run for academic Family Medicine in 2021!!

Duke-NUS Family Medicine GP Preceptor Virtual Engagement (27 March 2021)



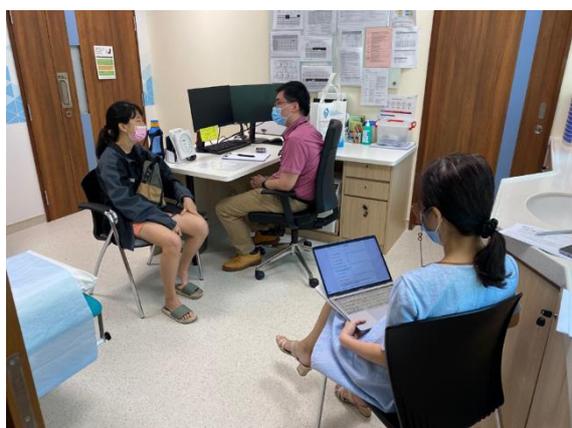
More than 90% of the invited GPs attended the event. The breakout room session was useful as they get to share teaching tips and challenges encountered in their years of teaching

Organised by Duke-NUS Family Medicine Clerkship, and targeted at Private General Practitioners (GPs) who are teaching faculty for Duke-NUS medical students. This event provided an update on Duke-NUS MD Program and a teaching on Workplace-Based Assessment.

Most of the participating GPs agreed that the session provided them with adequate information to receive students to their clinics before the start of the Family Medicine Continuity Clinic module.

Preparing Family Medicine Residents for the MMed (FM) exams – Practice of Mock Consults (March 2021)

Organised by Family Medicine Residency's Exam Prep Committee, the series of practice of mock consults exposed the participants to a setting resembling an actual consultation in primary care. Residents were assessed on a variety of management scenarios across disciplines relevant to Family Medicine practice.



The consultation stations assessed the residents' ability to take a focused history, perform a relevant physical examination, formulate an appropriate problem list, recommend an evidence-based, patient-centred management plan, and communicate effectively with patients. **Being able to integrate these skills effectively was a key element of their assessment.**



These mock consults provided residents with an assessment of their current progress in training. The assessment results in turn offered the program an opportunity to evaluate the training curriculum and identify areas where residents needed reinforcement.

The Family Medicine Residency Program was very much encouraged by the improvement in passing rates in the 2020 MMed (FM) Examination.

They recognize and were heartened by their Faculty's support and hard work in contributing to the development of the next generation of doctors.

FM ACP e-Library

The following e-books are available for loan by FM ACP faculty!!

Contact FM ACP secretariat (fm.acp@singhealth.com.sg) for details

1. **Data Science from Scratch: First Principles with Python**
2. **Practical Statistics for Data Scientists: 50+ Essential Concepts Using R and Python**
3. **Storytelling with Data: A Data Visualization Guide for Business Professionals**
4. **Fundamentals of Data Visualization: A Primer on Making Informative and Compelling Figures**
5. **Hands-On Machine Learning with Scikit-Learn, Keras, and TensorFlow: Concepts, Tools, and Techniques to Build Intelligent Systems**
6. **Hands-On Unsupervised Learning Using Python: How to Build Applied Machine Learning Solutions from Unlabeled Data**
7. **Practical Natural Language Processing: A Comprehensive Guide to Building Real-World NLP Systems**
8. **Practical Time Series Analysis: Prediction with Statistics and Machine Learning**
9. **Deep Learning for Coders with fastai and PyTorch: AI Applications Without a PhD**
10. **Building Machine Learning Powered Applications: Going from Idea to Product**
11. **Generative Deep Learning: Teaching Machines to Paint, Write, Compose, and Play**

Happenings (April – June 2021)

22 April	FM ACP Innovation Hour
19 May	World Family Doctor Day
22 May	Community Health Research Project Championship
25 June	FM Residency Open House
26 June	FM Residency Program Retreat

**Have something to share with your fellow FM
ACP faculty in this newsletter?**

Send them to:

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