



**July - September 2021**

### What are in this issue

<i>Our Achievements</i>	<i>pg. 2</i>	<i>FM ACP Forum</i>	<i>pg. 11</i>
<i>Academic Promotion &amp; Appointments</i>	<i>pg. 6</i>	<i>SingHealth Community Hospitals' Research &amp; Translational Innovation Office Retreat</i>	<i>pg. 13</i>
<i>FM ACP Research Grand Round</i>	<i>pg. 7</i>	<i>Happenings (October – December 2021)</i>	<i>pg. 14</i>
<i>Community Health Research Project Championship</i>	<i>pg. 8</i>		



Feature video of the JARVIS-DHL project by American Diabetes Association. The full video can be found at the team URL (<https://perdict.ai>).

*pg. 5*

## National Day Award 2021

Congratulations to our National Day Award 2021 recipients!

### The Public Administration Medal (Bronze)



Assoc Prof  
Lee Kheng Hock



Clinical Assoc Prof  
Ruth Lim



Clinical Assoc Prof  
Tan Ngiap Chuan



Dr Derek Tse

### The Commendation Medal



Dr Lim Hwee Boon

## Residency in SingHealth Excels (RiSE) Awards 2021

To recognize faculty, residents and staff for their exemplary achievements and contributions in SingHealth Residency training over the past year

### Most Improved ACGME-I Programme

#### Family Medicine (>40 Residents)

#### Partners-in-Education Award (Non-Physician Faculty)

**Dr Patricia Lee Sueh Ying**

#### Outstanding Faculty Award

*Recognising top 5% Faculty nominated by programmes for their commitment and contribution to Residency*

**Dr Goh Ziying ● Dr Navpreet Kaur ● Dr Kwan Shuyi Charmaine ● Dr Lim Chong Soon Daniel  
Dr Ng Lai Peng ● Dr Natalie Ong Yingxian ● Dr Swah Teck Sin ● Dr Tay Wei Yi**

#### Outstanding Resident Award

*Recognising top 5% of Residents from each programme who have done exceptionally well in their clinical and academic avenues of medical education*

**Dr Chua Si Min ● Dr Lim Jing-Yi ● Dr Tsang Li Ping, Marianne  
Dr Xiong Mengfei ● Dr I Gusti Ngurah Prawira Suartha Oka**

## WeCARE Award

WeCARE Awards is an annual award organised by SingHealth Community Hospitals' Office of Patient Experience. The tiered awards – 'Pride of SCH', 'Heart of SCH' and the 'CEO Award' – seek to recognise staff who exemplify exceptional service and commitment to SCH's philosophy of care.

This year, a total of 14 doctors across SCH received the 'Pride of SCH' Award.



**Dr Loo Yu Xian, Consultant, Post-Acute & Continuing Care, Outram Community Hospital, won the 'Heart of SCH' Award for his excellent dedication and person-centred care.**

## Duke-NUS Learning Enhancement And Progress (LEAP) Award

As part of Duke-NUS Medical Student Fellowship (MSF), the LEAP award is given to a MSF awardee who achieves an Honours grade for his/her thesis on the research work that was completed under the close mentoring of the ACP Mentor/Co-Mentor.

It aims to recognise the MSF awardee and the ACP Mentor/Co-Mentor who has supported the awardee towards research excellence.

LEAP awardee	ACP Mentor
<b>Hwang Sun Joon</b>	Clinical Assoc Prof Tan Ngiap Chuan
<b>Benjamin Seng</b>	Clinical Assoc Prof Low Lian Leng

## Duke-NUS Medical Student Fellowship Award

MSF awardee	ACP Mentor
<b>Sean Chua</b>	Clinical Assoc Prof Tan Ngiap Chuan

“Under the mentorship of Prof Tan Ngiap Chuan and Prof Tazeen Jafar, I published my first research project on chronic kidney disease. It was a fruitful and meaningful experience in which I learned about and wrestled with challenges that patients face at the individual, interpersonal and community level. As an aspiring Family Physician, I will remember the stories of these patients and will be better equipped to advocate for them in the future.”

*Sun Joon*



“I am humbled to receive the Medical Student Fellowship-LEAP award for Year 2021. It has also been a privilege to work under the tutelage of A/Prof Low Lian Leng. He has been an excellent mentor who unreservedly shared his research expertise and provided astute guidance through the project. This led to the research which examined the population segmentation of diabetes patients in Singapore being published in a top diabetes journal.

Against the backdrop of finite healthcare resources, population segmentation plays an important role in identifying characteristics of high-needs patients and allowing targeted allocation of resource to improve patient outcomes.”

*Benjamin*

“I am really grateful to be awarded the Duke-NUS MSF award to support my research project as a third year medical student at Duke-NUS. It provided the platform for me to collaborate with the many excellent faculty and researchers from the Duke-NUS ACP programme.

With this funding, we were able to carry out a pilot study to evaluate the feasibility of Augmented Reality (AR) to screen for cognitive function in the primary care setting. I am proud to share that I have since started residency training in Family Medicine under the SingHealth residency programme!”

*Sean (far right, with Clinical Assoc Tan Ngiap Chuan)*



## AI Singapore Grant

The JARVIS-DHL team (SingHealth and NUS) was recently awarded another \$20 million to conduct a multi-site implementation trial of a personalized diabetes counselling tool.

In 2019, the JARVIS-DHL team participated in a research grand challenge sponsored by National Research Foundation to leverage AI to reduce Diabetes, Hypertension and Lipid complications by 20% over 5 years.



The JARVIS-DHL team at the award presentation ceremony in 2019



The JARVIS-DHL Primary Care workstream team led by SHP

The team was awarded \$5 million for the first two years, during which the Primary Care workstream helped by SingHealth Polyclinics (SHP) developed a personalized diabetes counselling tool.



SHP team presenting the personalized diabetes counselling tool to Deputy Prime Minister Heng Swee Keat

The tool has been featured by the American Diabetes Association and shared at various forums.

## Academic Promotion & Appointments with Duke-NUS Medical School

### Promotion to Clinical Assistant Professor



Dr Ng Chee Lian Lawrence

### New academic appointments as Clinical Instructor

- Dr Aw Junjie
- Dr Fang Hao Sen Andrew
- Dr Lee Jia Ying
- Dr Lim Sze Wern
- Dr Quek Si Min Ginny
- Dr Tan Huey Chieng
- Dr Wong Ann Mei
- Dr Wong Peng Yong Andrew
- Dr Yee Wenjun Gabriel Gerard



Andrew (Fang)



Andrew (Wong)



Huey Chieng



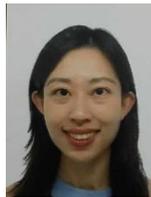
Gabriel



Ann Mei



Ginny (right)



Sze Wern



Junjie



Jia Ying

## FM ACP Research Grand Round (5 August 2021)

Muscle health is vital for productive longevity. Clinicians and Allied Health Professionals have collaborated to develop the Singapore Multidisciplinary Consensus and shared their recommendations on ways to promote muscle health among local senior adults, enabling them to stay healthy and live well.

### Esteemed Speakers:



**Adj Assoc Prof Samuel CHEW**  
Senior Consultant  
Changi General Hospital



**Dr Geetha KAYAMBU**  
Senior Physiotherapist  
National University Hospital



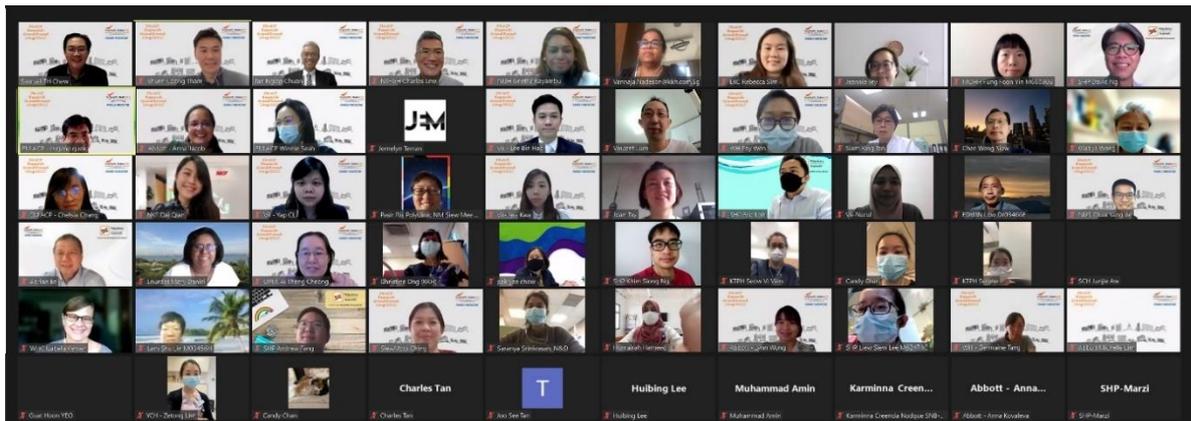
**Dr Charles LEW**  
Principal Dietitian  
Ng Teng Fong General Hospital



**Dr THAM Shuen-Loong**  
Consultant  
Tan Tock Seng Hospital



**Clinical Assoc Prof TAN Ngiap Chuan**  
Senior Consultant  
SingHealth Polyclinics



The Research Grand Round attracted more than 150 participants.

“The speakers are very engaging. Only regret is they have limited time to answer all the questions”

“The variation and range of topics presented.”

“Very well organised!”

“Multi-disciplinary holistic”



“Presenters could each be allocated different amounts of time depending on the quantity of content to be shared.”

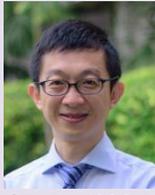
## Community Health Research Project (CHRP) Championship (28 August 2021)

SingHealth FM Residents had the valuable experience of presenting their CHRP outcomes and honing their research and presentation skills through a panel of jurors.

This event was co-organized by SingHealth FM Residency and FM ACP.

Team	Presenter	Members	
<b>Team A.C.N.E.</b>	 Dr Aloysius Loo	Dr Crystabelle Tan Dr Joy Tan Dr Rachel Yeo	
<b>Beyond the Shadow of Gout</b>	 Dr Tan Yin Shuen	Dr Goh Kian Leong Dr He Huiling Dr Jacqueline Leow	
<b>Pensieve</b>	 Dr Lim Zong Yi	Dr Aloysius Lam Dr Nur Atiqah Dr Nur Shadrina Dr Jeriel Tan Dr Evelyn Tan	
<b>Shake Your Bone Bone</b>	 Dr Gan Yuan Ying	 Dr Tan Wan Ying	Dr Chua Si Min Dr Lim Mei Xing Dr Jovina Quek Dr Sun Jingfeng
<b>Shots, Shots, Shots, Everybody!</b>	 Dr Julia Sng	Dr Audrie Foo Dr Christine Kho Dr Alicia Ong	
<b>Who Needs a Koolaid When We've Got a FluAid!</b>	 Dr Eden Tay	Dr Choo Wei Tak Dr Ethel Chow Dr Zerline Lee	

Panel of Jurors



**Prof Dr Ng Chirk Jenn**  
*Deputy Dean (Research)*  
*Professor of Primary Care Medicine*  
*University of Malaya*



**Assoc Prof Dr Cheong Ai Theng**  
*Head of Department of Family Medicine*  
*Faculty of Medicine and Health Sciences*  
*Universiti Putra Malaysia*



**Clinical Assoc Prof How Choon How**  
*Director, Transitional Care, FM ACP*



**The Champion: Team Shots, Shots, Shots, Everybody!**



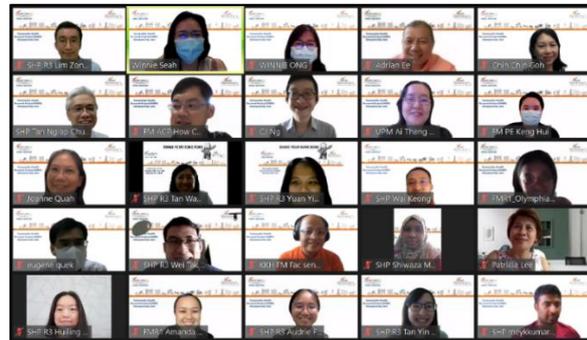
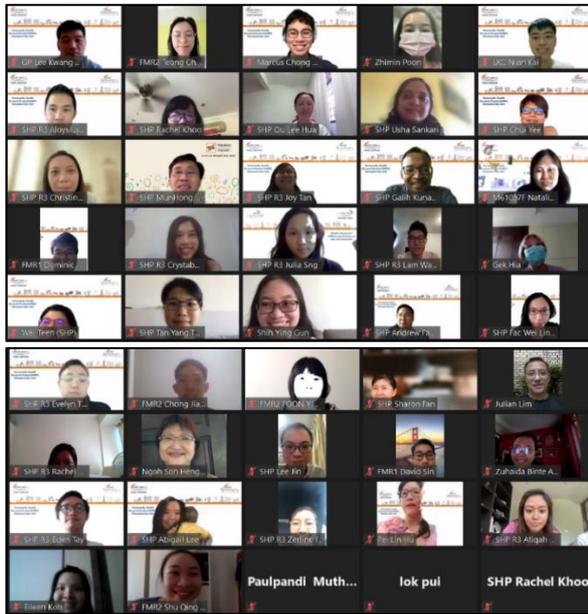
**1<sup>st</sup> Runner-up: Team Pensieve**

The CHRP teams were assessed according to a set of criteria such as research methods, problem definition, aims and hypothesis and oral presentation skills.

The People's Choice Award was decided by audience voting.



2<sup>nd</sup> Runner-up & People's Choice Awardee: Team A.C.N.E.



Some of the 180 participants who attended  
CHRP Championship

“Innovative method to motivate family physicians for their research training”

“Learning from the various presentations as well as during the Q&A sessions with the jurors”



“Well organised! Very fun and safe platform for novice researchers to present their research work”

“More relevant high impact topics in family medicine e.g Resp, cardiac, renal, etc.

“10minutes may be a lil squeezey for presenters to cover all the bases - may be good to extend a little to 15 minutes perhaps? Also gives us audience more time to digest the information presented.”

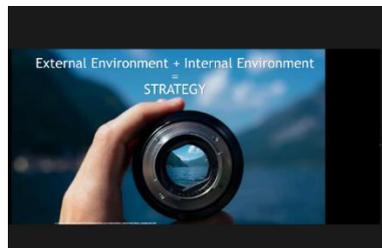
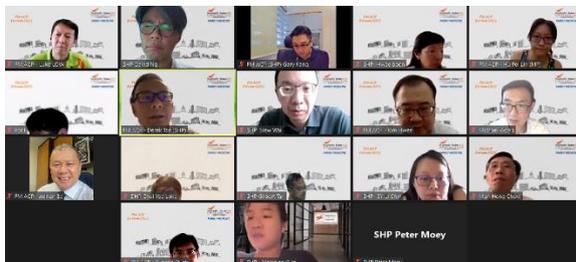
## FM ACP Forum: *Working Together For Better Care In The Community* (11 September 2021)

With the theme “Working Together For Better Care In The Community”, FM ACP Forum was held to chart the directions for the next three years.

This event was attended by about 60 FM ACP faculty, nursing, AHP and administrative colleagues from the institutions and departments in FM ACP.

Group discussions on:

- Building capacity and capability to make a bigger difference
- Working together for better care in the community and overcoming the possible challenges
- The possible opportunities and threats for FM ACP and areas of focus in the next three years



Dr Michael Wong giving a summary on the external environment scan



credit: freeoik.com

Clinical Assoc Prof Ang Seng Bin  
Dr Andrew Fang  
Dr Sally Ho  
Dr Gary Kang  
Clinical Assoc Prof Low Lian Leng  
Dr Luke Low  
Dr Meykkumar Meyappan  
Dr Peter Moey  
Dr Mark Ng  
Dr Michelle Tan  
Dr Derek Tse  
Dr Gabriel Yee

***For facilitating the group discussions!***



“The participants are very open and gave very good suggestions beyond the usual back to business types.”

“The opportunity to share and learn from one another”

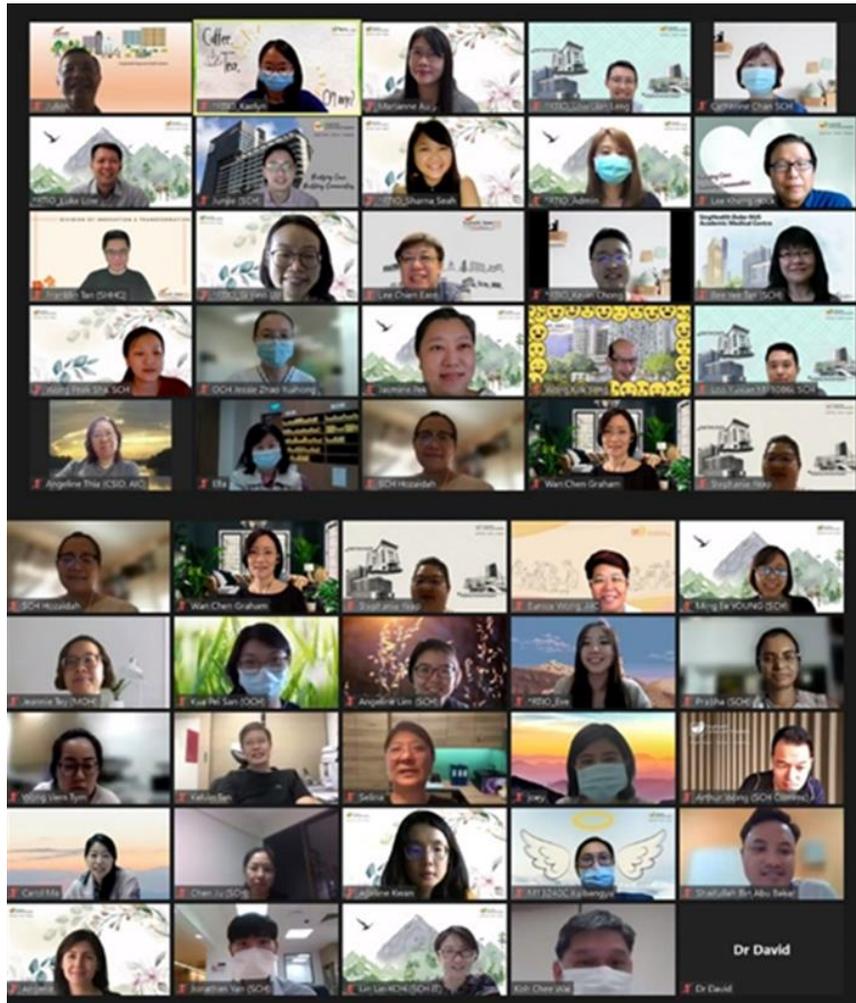
“Organized Smooth flow”

“Mike’s presentation-informative and helped to align our actions with that of RHS”

“Maybe good to let us know the areas we need to work on so can do some prep work before the retreat”

## SingHealth Community Hospitals' (SCH) Research & Translational Innovation Office (RTIO) Retreat (15 September 2021)

RTIO's inaugural retreat aimed to map out SCH's research and innovation 5-Year Plan and was attended by colleagues from SingHealth, SHP, MOH, Agency of Integrated Care, Singapore University of Social Sciences and Singapore Institute of Technology.



Three research and innovation thrusts were formulated

- (1) New Generation Community Hospital**
- (2) Social Prescribing**
- (3) Dementia Caregiving Ecosystem**

SCH will continue to work towards establishing SingHealth as a research and innovation leader within the community care sector.

## Happenings (October – December 2021)

14 October	FM ACP Medical Humanities
22 October	FM ACP Innovation Hour
12 November	Passion in FM Research
19 November	FM ACP Academic Initiation

Have something to



with your

fellow FM ACP faculty in this newsletter?



*Winnie Seah*

[winnie.seah.s.q@singhealth.com.sg](mailto:winnie.seah.s.q@singhealth.com.sg)

*Eugene Quek*

[eugene.quek.y.t@singhealth.com.sg](mailto:eugene.quek.y.t@singhealth.com.sg)