Balancing Act

By Ying Pin, Toh

on this tightrope called life
Balancing between my heart and my mind
The art and science
The healer and the technician
In every given hour,
moments call for calculation and precision
Then immediately the next,
connection compassion and presence
Moment by moment
Refining heart and mind
To be present with this sacred duty
To doctor to heal and to live