

## TeamJOY™

Programme for Team Leaders to Build a Healthy and Joyful Physical and Psychological Workspace

### PROGRAMME OVERVIEW

A joyful workplace is essential for employees' wellbeing. This has a strong and direct impact on staff job experience, safety, and work performance. How can team, unit and department leaders and supervisors create and enhance a healthy and joyful workspace?

TeamJOY™ is a specially crafted interactive programme to equip team leaders to build an outstandingly joyful physical & psychological workspace. Join us in TeamJOY™ to nurture your skills for this very important role of effective leadership.

### LEARNING OUTCOMES

Learners will be able to:

- Understand burnout and healthy workplace conceptual model
- Learn what makes employees unhappy at work
- Appreciate the link of staff wellbeing with patient safety and work performance
- Learn how Leaders can promote Joy at Work effectively for Patient Safety
- Promote Workplace Civility and Support for staff seeking help
- Learn how to enhance Psychological Capital for your staff to support healthy and joyful workspace
- Understand the value and ethos of a Team Leader in promoting joyful workplace
- Utilise the SingHealth Joy at Work Framework
- Practice creating and enhancing healthy and joyful workspace through roleplays in case studies and leadership dialogues
- Craft and conduct your leadership actions for Joyful Team Workspace using a structured approach.

### WHO SHOULD ATTEND

Head of Department, Head of Unit, Supervisors, Team Leaders; with supervisory role.

### PRE-REQUISITE

Learners are required to send out a short survey for colleagues/staff to do, prior to attending this programme.

### DURATION

8.30am – 4.00pm

### AWARD OF CERTIFICATE

Certificate of Completion will be issued to learners who attended the programme.

### COURSE FEES

SingHealth Staff: \$350 (Waived)

Non-SingHealth Staff: \$430 (Inclusive of GST)

### REGISTRATION

SingHealth Staff: Please register via intranet link [AM-EPIC Programmes](#)

Non-SingHealth Staff: For registration details, please email to [ipsqworkshop@singhealth.com.sg](mailto:ipsqworkshop@singhealth.com.sg)