

Singapore Health Patient Advocate Connection (SPACE)

Elevating the Voices of Patients, Families and Caregivers

Organised by the SingHealth Patient Advocacy Network (SPAN)*
Supported by the SingHealth Duke-NUS Institute for Patient Safety and Quality,
and SingHealth Group Office of Patient Experience

| | |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Date | : 4 November 2023, Saturday |
| Time | : 9am to 2pm |
| Venue | : The Ngee Ann Kongsi Auditorium, Academia (on SGH campus) 20 College Road, Singapore 169856 <i>Details on getting to Academia can be found in Annex B of this document.</i> |
| Aim | : i) To grow patient advocacy in Singapore ii) To raise awareness on the importance of partnering patients to improve care quality iii) To provide a platform for collaboration opportunities between HCWs and patients/caregivers |
| Theme | : Embracing Patient and Family Voices |
| Target Audience | : Patient advocates, patient support groups, patient-led organisations, patients, caregivers, healthcare volunteers and partners, healthcare workers |
| GOH | : Mdm Rahayu Mahzam, Senior Parliamentary Secretary, Ministry of Health |
| Attire | : Smart Casual (<i>eg. polo tee with jeans</i>) |

Programme (subject to changes)

| | |
|--------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8.30am | Registration and Light Refreshments |
| 9.00am | Rise & Shine – KPOP welcome! <i>Get on your feet and pump up the adrenalin with SPAN Patient Advocate Kelly Ang, as she leads you in this KPOP dance routine.</i> |
| 9.15am | Opening Performance by The Heartbeat of SingHealth and Advocates from the SingHealth Patient Advocacy Network (SPAN) |
| 9.20am | Welcome and Introduction by Ms Josie Liow and Mr Chew Kim Soon, Co-Chairs, SPAN |
| 9.30am | Opening Address by Guest of Honour by Mdm Rahayu Mahzam, Senior Parliamentary Secretary, Ministry of Health |
| 9.40am | Launch of the Patient and Healthcare Team Care Pledge by Mdm Rahayu Mahzam, Senior Parliamentary Secretary, Ministry of Health Prof Ng Wai Hoe, Group CEO (Designate), SingHealth Prof Tan Kok Hian, Group Director & Senior Associate Dean, SingHealth Duke-NUS Institute for Patient Safety & Quality and Advisor, SPAN Ms Josie Liow and Mr Chew Kim Soon, Co-Chairs, SPAN <i>Co-created by patients, caregivers and healthcare staff, the Care Pledge aims to cultivate a safe and mutually respectful healthcare environment for patients and staff alike.</i> |
| 9.55am | From Patient to Doctor by Dr Ben Bravery, Patient-turned-Doctor, Australia Public Hospital System and Author of “The Patient Doctor” <i>Meet Dr Ben Bravery, an Australian patient-turned-doctor who survived stage three bowel cancer at the age of twenty-eight. Today, the former zoologist is driven by his passion to positively impact healthcare through his experience. His memoir “The Patient Doctor” offers unique insights, drawing from his dual role as a cancer survivor and a doctor, and has earned a place on best-seller lists in Australia. This session is followed by a dynamic panel discussion featuring diverse perspectives.</i> Discussion Panelists: |

| | |
|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | <ul style="list-style-type: none"> • Dr Ben Bravery, Patient-turned-Doctor, Australia Public Hospital System and Author of “The Patient Doctor” • Ms Melissa Lim, President, Brain Tumour Society Singapore and Advocate, SPAN • Prof Christopher Cheng, Senior Advisor, SingHealth and Doctor-turned-Patient • Prof Tan Kok Hian, Group Director & Senior Associate Dean, SingHealth Duke-NUS Institute for Patient Safety & Quality and Advisor, SPAN <p>Moderated by Ms Ai Ling Sim-Devadas, Mentor, SPAN</p> |
| 10.55am | <p>Performance by Dr Stephanie Yeap, Medical Officer, Otorhinolaryngology – Head & Neck Surgery, Changi General Hospital Ms Zoe Chew, Cleft Lip & Palate patient at KK Women’s and Children’s Hospital</p> |
| 11.00am | <p>Tea-break & Networking Gallery List of participating organisations in Annex</p> |
| 12.00pm | <p>Surviving Cancer – A Family Perspective by Mr Shawn Quek, Cancer Survivor and Advocate, SPAN @ Changi General Hospital Ms Fong Lum, Caregiver to Shawn and Advocate, SPAN @ Changi General Hospital</p> <p>Even with the same condition, each patient and family experience is unique. Hear first-hand from a cancer survivor and his caregiver on their health journey, the ups and downs, and how little shifts in perspectives helped them through it all.</p> |
| 12.25pm | <p>Dialogue: Cultivating a Happy and Safe Environment for Healing Amidst the challenges in today’s healthcare landscape, explore how key acts – <u>S</u>afeguard, <u>C</u>ommunicate, <u>R</u>espect, <u>I</u>nform, <u>P</u>artner, <u>T</u>rust (SCRIPT) – can drive a culture where patients and staff feel happy and safe.</p> <p>Kopi Chat with:</p> <ul style="list-style-type: none"> • Mr Mark Lin, Head, Psychosocial Services, Singapore Cancer Society • Ms Melinda Manzi, Program Director, LOVE, NILS • Ms Michelle Tay, Director, Singapore Kindness Movement • Assoc Prof Phua Ghee Chee, Group Director, Staff Wellness, SingHealth and Deputy CEO (Hospital Experience), Singapore General Hospital • Ms Sophia Chua, Nurse Clinician/Advanced Practice Nurse, Changi General Hospital <p>Moderated by Mr Prabu Naidu, Co-Lead & Advocate, SPAN</p> |
| 1.05pm | <p>A before E Delivered through an interactive theatre format, this session touches on how patients and families can work in partnership with the healthcare team to enhance care quality and experience. Put together by SPAN’s SPANtastic cast with bits of wit and humour, watch how patients Adam and Eva compete to receive medical attention at the Accident & Emergency department. Importantly, the audience (yes, you) get to play a part in developing the story.</p> <p>Presented by Dr Edmund Chow, Assistant Director, Academic Governance Office, University of the Arts Singapore (UAS), with support from</p> <ul style="list-style-type: none"> • SPANtastic Theatre (Mr Ellil Mathiyam, Mr James Kwok, Ms Khoo Sork Hoon, Ms Viji Ramakrishnan, Mrs Wendy Tan-Kuah) • Mr Samsul Kamar, Senior Staff Nurse, Community Nursing, Singapore General Hospital |
| 1.55pm | <p>Closing</p> |
| 2.00pm | <p>Lunch Buffet</p> |

*The SingHealth Patient Advocacy Network (SPAN) is a self-driven network of patients and caregivers who represents the collective voice of patients. Working in partnership with the healthcare team, SPAN provides important patient perspectives and plays an active role by giving inputs on how SingHealth can improve the experience of patients and their caregivers navigating through her institution.

About the Speakers and Panelists

In alphabetical order

Organising Co-Chair for SPACe 2023

Ms Josie LIOW



*Caregiver to daughter
with heart condition*

*Co-Chair
SingHealth Patient
Advocacy Network (SPAN)*

Josie is a dedicated caregiver to her daughter, who was on the Left Ventricular Assist Device (LVAD mechanical heart pump) for more than eight years undergoing a heart transplant in 2021. To care for her daughter, Josie quit her job as a regional director and worked closely with the healthcare team. She received the Singapore Health Inspirational Caregiver Award in 2014.

As Co-Chair of SPAN, Josie actively represents the voice of patients and caregivers through initiatives aimed at improving care quality. She is a member of the Ministry of Health's Agency for Care Effectiveness Consumer Panel, and is part of the executive commissioning committee of the new SingHealth Elective Care Centre and National Dental Centre Singapore to provide the patient's perspective in operational planning.

A key project she is currently involved in is the GURUS CO-MED project that looks at the co-management of medication in the community. SPAN has an interest to reduce medicine wastage in the community. During the pandemic, she co-led and presented a survey on the "Concerns of Patients and Caregivers through COVID-19" to SingHealth senior management together with Kim Soon, and has shared her caregiving story with healthcare professionals at various platforms as part of staff education, including newly onboarded nurses amongst many others.

Dr Ben BRAVERY



*Doctor
Australia Public Hospital System*

*Patient-turned-doctor
Author of "The Patient Doctor"*

Originally a zoologist and science communicator, Ben worked for the Australian and Chinese governments before being diagnosed with stage 3 colorectal cancer at the age of twenty-eight. After undergoing eighteen months of cancer treatment, Ben made the life-changing decision to become a doctor in 2018 and enact change for better in the Australian health system.

As a scientist, Ben understood his illness and treatment, but this in no way, prepared him for what it would really be like to be a patient. What he experienced often left him feeling confused about what was happening to him, anxious and vulnerable.

Now as a qualified doctor who has seen first-hand the intense pressure many doctors are under, how grades are prioritised over bedside manner, and just how little time there is to focus on the patient-doctor relationship, Ben's memoir "The Patient Doctor" (released 2022) sheds light on what needs to change, and how to ensure student doctors, doctors, patients and families work together to put the patient at the very heart of healthcare. Ben also volunteers, writes and speaks about colorectal cancer, living with cancer, cancer in young adults, medicine and medical education.

Organising Co-Chair for SPACe 2023

Mr CHEW Kim Soon



Caregiver to late mother

*Co-Chair
SingHealth Patient
Advocacy Network (SPAN)*

As the sole caregiver to his late mother who suffered from multiple conditions, including Parkinson Disease, Kim Soon actively shares his experience and knowledge with the healthcare team and fellow caregivers with a keen interest in the improvement of patient safety and care quality. Currently retired, he has over 33 years of experience in marketing communications, relationship management and analytics within the corporate banking sector.

As Co-Chair of SPAN, Kim Soon taps on his skills and expertise to bring forth the patient's voice in initiatives aimed at improving healthcare. He represents SPAN in the *Alliance of Patients' Organizations Singapore*, a newly set-up entity that aims to bring together local patient organisations through a common platform.

One of his key contributions is the Plain English Glossary, which helps healthcare workers "speak the patient's language" amidst the prevalent use of jargons. He co-led and presented a survey on the "Concerns of Patients and Caregivers through COVID-19" to SingHealth senior management together with Josie and has been invited to provide the patient's perspective at national-level awards, such as the Singapore Health Quality Service Awards, Singapore Health Inspirational Patient & Caregiver Awards and the Singapore Healthcare Management Congress as a panel judge, and at onboarding sessions for new nurses as a guest speaker.

Prof Christopher CHENG



*Senior Advisor
SingHealth*

*Doctor-turned-Patient
Author of "I thought I knew"*

Christopher is a senior consultant urologist and was the founding chief executive officer of Sengkang General Hospital. He has dedicated his career to the prevention and treatment of cancers, with a special focus on prostate cancer. Since 1991, he has done many prostate cancer operations and pioneered robots in surgery in Asia, which has helped speed up recovery.

Irony struck in 2017 when he was found to have the very same condition he is an expert in – prostate cancer. Now in remission, he has written a memoir as doctor-turned-patient in a book. The idea for his book, "I thought I knew" emerged on the third day post-surgery while he was sketching by the hospital window during his recovery. The painting would later grace the book's cover. His son had suggested during a visit, that he document his experience from the patient's perspective.

Compassion and empathy are two resounding themes throughout the book. Christopher underscores the significance of empathy in patient care, emphasising the need for a genuine and heartfelt connection. While technical excellence is prime in today's medical landscape, what often falls short but is profoundly essential, is the quality of empathy.

Dr Edmund CHOW



Assistant Director
Academic Governance Office
University of the Arts Singapore (UAS)

Joining us at SPACE for the second time, Edmund lends his expertise and will direct a skit featuring the SPANtastic Theatre made up of advocates from the SingHealth Patient Advocacy Network (SPAN). Delivered through an interactive theatre format, the skit highlights how patients and families can work in partnership with the healthcare team to enhance care quality and experience.

Edmund is an applied theatre director and educator who has worked across schools, universities, hospitals and prisons in Singapore and New York. His research interests are in cultural practices in Afghanistan, arts education, emotions and corporate storytelling. He has a Doctor of Philosophy (Ph.D) in Drama from the University of Manchester and a Master of Arts in Educational Theatre from New York University. In 2020, he co-presented a workshop at the Asia-Pacific Medical Education Conference on the power of storytelling and emotions for effective healthcare practice.

Ms Melissa LIM



Brain Tumour Patient

Advocate
SingHealth Patient
Advocacy Network (SPAN)

President
Brain Tumour Society Singapore

Melissa founded the Brain Tumour Society Singapore (BTSS) in 2014 and currently serves as its President. Her personal mission to help the brain tumour patients and caregivers started in 2004 from her first-hand experience as a brain tumour patient. Upon her recovery, Melissa decided to leverage on her personal experiences, both as a patient and caregiver, to bring hope and encouragement for those who are also struggling with the same condition.

Under her leadership, BTSS achieved Institution of Public Character status in June 2022. Currently, BTSS serves a community of 300 brain tumour patients and families. Apart from peer support and community programmes, BTSS offers financial assistance to needy patients. Melissa is also a participant in the International Brain Tumour Alliance and is an Advisory Member of Our Views and Our Voices Committee of Noncommunicable Diseases (NCD) Alliance. Professionally, Melissa teaches at the NUS Business School.

Ms Sophia CHUA



*Nurse Clinician/Advanced
Practice Nurse*
Changi General Hospital

Staff Lead
Breast Care Support Group,
Changi General Hospital

Sophia is an Advanced Practice Nurse, Nurse Clinician with over 23 years of experience in nursing. She was awarded the Singapore Health Quality Service Award (STAR Award), a recognition to honour outstanding healthcare professionals who have delivered quality care and excellent patient experience. She was also a recipient of the Nurses Merit Award in 2009.

Sophia embraces a life philosophy centred on nurturing a positive mindset. As a dedicated nurse, she seeks to impart this philosophy to her patients, helping them to manage their conditions.

As the staff lead for the Breast Care Support Group at Changi General Hospital, Sophia organises frequent meetings jointly facilitated by medical social workers and specialty nurses to offer breast cancer patients valuable information, emotional support, and a sense of hope and empowerment.

Mr Mark LIN



Head of Department
Psychosocial Services
Singapore Cancer Society

Mark is a registered social worker with the Singapore Association of Social Workers and has been in the social service sector for the past 13 years. He has seven years of direct work experience with a focus on seniors and six years on in non-profit management.

Mark currently manages a team of social workers who provide counselling and emotional support for individuals facing psycho-emotional adjustments related to cancer.

He holds a Masters in Applied Gerontology, Bachelor of Social Work (Hons), and is certified in Choice Theory and Reality Therapy.

Ms Melinda MANZI



Program Director
LOVE, NILS

Melinda is a healthcare professional with more than 30 years of global expertise in chronic disease management. Her healthcare career began as a registered nurse in Australia and spanned the globe to the United Kingdom, New Zealand, Sri Lanka and Singapore for the past 18 years.

Melinda is the Program Director at Singapore's IPC-registered charity LOVE, NILS, which empowers children with cancer and their caregivers by providing healthcare guidance, emotional care and social and community support. Under Melinda's tenure since January 2020 at the beginning of the pandemic, LOVE, NILS' core programmes and staff have expanded, positively impacting families navigating the childhood cancer journey.

Melinda's diverse clinical nursing background equips her with profound insights into the multi-faceted challenges patients, families and medical teams face during the traumatic childhood cancer diagnosis and treatment journey. Her global journey has cultivated a diverse skill set and an open-minded, innovative approach, emphasising the importance of individualised care.

Advocating for an optimistic, energetic, and resilient work environment, Melinda underscores honesty and integrity as vital components for building trust and safety in culturally diverse settings.

Mr Prabu NAIDU



Colorectal Cancer survivor
Co-Lead
SingHealth Patient
Advocacy Network (SPAN)
Co-founder
Facilitators Network Singapore
Chairman
Semicolon Support Group
Singapore Cancer Society (SCS)

Prabu is an accomplished facilitator and co-founder of Facilitators Network Singapore. Among the firsts in Singapore to earn certifications as a professional facilitator from the International Association of Facilitators (IAF) and International Institution of Facilitation (INIFAC), his passion lies in enhancing facilitator competencies not only locally but across the region, making FNS a social enterprise committed to this cause.

With 23 years of coaching and mentoring experience in Singapore and Asia, Prabu brings his expertise to areas like patient communications, safety, design thinking and quality improvement.

As a master trainer for SPAN's training programmes, Prabu has been instrumental in the tailoring and redesigning of programmes to incorporate interactions that facilitate learning, one of which is a workshop for newly promoted nursing leaders with a focus on creating the best patient experience. He is also a faculty member for the Patient Advocate Communication Training (PACT), a mandatory programme for new patient advocates to equip them with the skills and techniques to engage meaningfully with healthcare teams.

Beyond SPAN, Prabu chairs the SCS Colorectal Support Group and is an active member of the Tan Tock Seng Hospital Colorectal Support Group, and Ostomy Association Singapore.

Assoc Prof PHUA Ghee Chee



Group Director
Staff Wellness
SingHealth
Deputy Chief Executive
Officer (Hospital Experience)
Singapore General Hospital (SGH)

As Group Director, Staff Wellness, Ghee Chee undertakes the envisioning, developing and implementing of staff wellness strategies for SingHealth. He also leads initiatives to enhance staff well-being and patient experience in his role as Deputy Chief Executive Officer (Hospital Experience) at the Singapore General Hospital. He has a wealth of leadership experience and is a strong advocate for staff engagement and well-being.

Ghee Chee is a Respiratory and Critical Care Medicine physician and the immediate past head of department at SGH. He also headed the SingHealth Intensive Care Unit (ICU) Operations Group responsible for coordinating the COVID-19 ICU response across the SingHealth cluster. In addition, he was formerly Program Director of the SingHealth Internal Medicine Residency Program.

As chair of the SGH staff wellbeing council, Ghee Chee implemented a wide range of staff wellness initiatives. Through the pandemic, he had also been proactive in driving in-depth staff engagement and support initiatives for staff, including the initiation of feedback sessions with junior colleagues on ways to cultivate joy at work.

Ms Ai Ling SIM-DEVADAS



Breast Cancer Survivor
Mentor
SingHealth Patient
Advocacy Network (SPAN)
Deputy Director Advocacy and
Engagement
Lee Kong Chian School of Medicine
Member
Global Patient and Family Advisory
Board, The Beryl Institute

Ai Ling is a cancer survivor and currently serves as Mentor of the SingHealth Patient Advocacy Network (SPAN). As SPAN's founding Co-Chair, she is passionate about what patients and families can do to make healthcare better, safer, and more patient and family centred. She has helped shape the role of SPAN in our healthcare system by roping in the patient's voice to improve care delivery and experience.

Some of her notable contributions include the design and implementation of the Patient Advocate Communication Training (PACT) – a mandatory programme for new patient advocates, as well as the development of a patient engagement guide for healthcare professionals.

With a strong professional background in healthcare communications, patient experience and volunteer management, Ai Ling brings valuable perspectives from both ends of the care spectrum – that of a healthcare provider and a patient. She is also a Certified Patient Experience Professional (CPXP) and serves on The Beryl Institute Global Patient and Family Advisory Board. Beyond patient advocacy, she volunteers with palliative care charities and is a Board Member of Ambulance Wish Singapore, a charity that fulfils last wishes for terminally ill patients.

Mr Shawn QUEK and Ms Fong LUM



Colorectal Cancer Survivor

Advocate
SPAN @ Changi General Hospital

Freelance Fitness Coach

In 2016, Shawn was diagnosed with stage 3 colon cancer at the age of 39. He underwent surgery to remove the tumour but encountered complications and required an ostomy which he lived with for seven months. While learning to adapt to life with a stoma bag, he went through eight cycles of chemotherapy.

Determined to prove that a fulfilling life is possible even with colon cancer and a stoma, Shawn initiated activities in the form of light exercises for fellow colorectal cancer survivors within the first year of his recovery.

Today, the former dragon boating captain not only coaches dragon boating; he is an accomplished coach in various fitness domains. He draws inspiration from the strong support he received from his closely-knitted family, healthcare teams and support groups, and pays it forward by coaching clients with a strong emphasis on post-surgery fitness.

It's been seven years since his diagnosis and Shawn now chairs the Colorectal Support Group at Changi General Hospital (CGH) – the Gutsy Warriors. He is also a valued member of SPAN@CGH, where he provides the patient perspective to improve care quality and services for fellow patients and families.



Caregiver to Shawn

Advocate
SPAN @ Changi General Hospital

Freelance Fitness Coach

Fong is wife and caregiver to Shawn. When Shawn was diagnosed with colon cancer at the age of 39, it shattered the misconception that colorectal cancer primarily affects older individuals. Despite initial shock, Fong quickly adapted to becoming Shawn's pillar of support as he underwent surgery and treatment.

As an energetic go-getter, her passion for fitness prompted her to leave her full-time managerial role in sales and marketing to pursue her interest wholeheartedly. It is with this same unwavering commitment that she ensured Shawn was well taken care of through his treatment journey, while keeping the family intact. With two young children, the journey was a testament to her resilience and determination.

Having received strong family support, she continues to share with patients and families on the importance of being open-minded in accepting help from others, especially for patients who are recovering from surgeries.

With her caregiving experience, Fong also highlights that need for caregivers to practise self-care. Only then can they ensure they stay well, both physically and mentally, to support their loved ones positively in the face of adversity, as well as offer strength and hope through challenging times.

Professor TAN Kok Hian



Advisor
SingHealth Patient
Advocacy Network (SPAN)

*Group Director & Senior Associate
Dean*
SingHealth Duke-NUS Institute for
Patient Safety & Quality (IPSQ)

In 2017, Prof Tan initiated SPAN, which is strategically guided by the Patient and Caregiver Engagement Framework for the SingHealth cluster. Working in close partnership with SingHealth Group Nursing and the Group Office of Patient Experience, SPAN is a reflection of SingHealth's commitment to designing a healthcare system that is truly for patients, by patients.

Prof Tan is an expert member of Patient Safety in World Health Organisation (WHO) and serves as a WHO consultant in patient safety. In 2023, he launched the Global Knowledge Sharing Platform for Patient Safety (gkps.net), at the WHO Global Conference, in conjunction with World Patient Safety Day to promote patient engagement for patient safety.

He was awarded the Benjamin Henry Sheares Professorship in Obstetrics and Gynaecology, the highest honour accorded to distinguished faculty members for outstanding contributions in the field. From June 2017 to May 2021, he was appointed the inaugural Chair of the National Quality Council, which serves as the national advisory panel to the Ministry of Health on health quality priorities and strategies.

Ms Michelle Tay



Director
Programmes & Operations
Singapore Kindness Movement

Michelle Tay is the Director (Programmes and Operations) at the Singapore Kindness Movement, a non-profit organisation aimed at promoting a kinder and more gracious society.

A graduate from the Singapore Management University with a Masters in Communication Management, Michelle has 17 years of experience in tri-sector collaborations and communications at Singapore Kindness Movement. She aspires to make kindness everyone's business.

As part of her community involvement, Michelle serves as Secretary to the Jalan Batu Residents Committee and is also a community volunteer with the National Environment Agency.

SPANtastic Theatre

About the cast – SPANtastic Theatre

- **Mr Ellil Mathiyar**
Double Cancer Survivor
Mentor, SPAN
Co-Founder and President, Ostomy Association of Singapore
- **Mr James Kwok**
Arthritis Patient
Advocate, SPAN
- **Ms Khoo Sork Hoon**
Breast Cancer Survivor
Advocate, SPAN
General Practitioner
- **Mrs Viji Ramakrishnan**
Leukaemia Survivor
Advocate, SPAN
Member, Haematopoietic Cell Therapy and Transplant Programme Peer Support Group
- **Mrs Wendy Tan-Kuah**
Cancer survivor
Advocate, SPAN
Leader, Singapore Sarcoma Support Group

Joined by **Mr Samsul Kamar**, Senior Staff Nurse, Community Nursing, Singapore General Hospital

Annex A

NETWORKING GALLERY

| List of Participating Organisations/Groups |
|---------------------------------------------------------------|
| Autoimmune Diseases Singapore |
| Caregivers Alliance Limited (Singapore) |
| CGH Breast Care Support Group |
| Chronic Obstructive Pulmonary Disease Association (Singapore) |
| Crohn's & Colitis Society of Singapore |
| Diabetes Singapore |
| LOVE, NILS |
| MS (Multiple Sclerosis) Care Support Group |
| NUHCS Caring Hearts Support Group |
| Ostomy Association of Singapore |
| Rare Skin Conditions Society (Singapore) |
| SGH and SKH Breast Cancer Support Group |
| SGH Haematopoietic Cell Therapy and Transplant Support Group |
| SGH Liver and Pancreas Support Group |
| Singapore Association for Mental Health |
| Singapore Cancer Society |
| SingHealth Patient Advocacy Network (SPAN) |
| The Bone Marrow Donor Programme |
| typeOne.sg |

Annex B

Getting to the venue

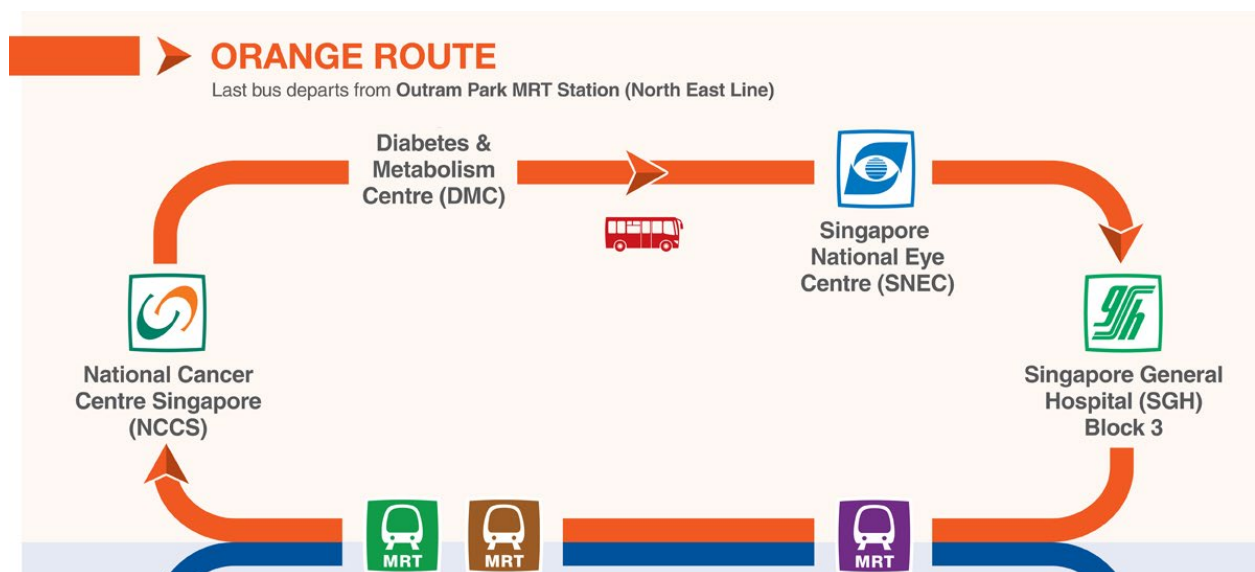
The Ngee Ann Kongsi Auditorium, Academia (on SGH campus)
20 College Road, Singapore 169856

Location map of Academia can be found [here](#)

Shuttle Bus

If you're arriving by MRT, you may take the SGH **orange** shuttle bus from Outram MRT.

More details on SGH shuttle services can be found [here](#)



Wheelchair Shuttle Service

Details can be found [here](#)

Car Parks

More information on car park details and rates can be found [here](#)

| | Location | Getting to Academia |
|---------------------------------|-----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Car Park G | Opposite Academia, beside Housemen Canteen, public parking after 5.30pm, Mon to Fri and weekends | Academia is right across the road. |
| MOH Car Park | Behind Ministry of Health (MOH), public parking after 6pm, Mon to Fri and weekends (Car Park F) | Academia is 5 – 7 minutes' walk away. |
| OCH Car Park (SingHealth Tower) | Basement 3 & 4, Outram Community Hospital (Level 3 Link Bridge to SGH Block 3) | Take the Car Park H Shuttle Service (Green) and alight at Singapore National Eye Centre (SNEC). Academia is across the road from SNEC. |
| Macalister Rd Car Park H | End of MacAlister Road. Both Multi-storey Carpark and Open Space Carpark are located behind Ministry of Health (Car Park H) | |
| NHCS Car Park | Basement M, 1 & 2, National Heart Centre Singapore | Proceed to Outram Community Hospital and take the Car Park H Shuttle Service (Green) as above. |
| Bowyer Block Car Park* | In front of Bowyer Block (Beside Block 4) (Car Park C) - Loading & Unloading and Accessible Parking (for the disabled) only | Proceed towards SNEC. Academia is across the road from SNEC. |